

Rejuvelaser

Tummy Tuck (Lipoabdominoplasty)

Abdominoplasty, more commonly known as a tummy tuck, is a body contouring procedure used to target and trim the abdominal area. This popular procedure involves making an incision along the waistline, removing excess fat and tissue, and tightening the muscles of the abdominal wall.



Lipoabdominoplasty is the new body contouring procedure in combining the tummy tuck with liposuction. Dr. Shu offers the lipoabdominoplasty with Saldanha's technique, the newest technique of Tummy Tuck

Advantages with Saldanha's technique.

- A better body contour is achieved, because liposuction decreases the abdominal measurement.
- Less morbidity, due to the preservation of the perforating vessels
- Low percentage of complications
- Easier technique with addition of liposuction
- Rejuvenated abdomen with a more natural profile
- Preservation of the supra-pubic sensitivity
- Rapid postoperative recovery and shorter scar
- It is safer for smokers and post-bariatric patients

A lipoabdominoplasty provides a long lasting result as long as the patient continues to follow a healthy diet and lifestyle. Although results depend on the extent of the procedure, patients usually never have to worry about a flabby stomach again.

Rejuvelaser Clinic

6545 France Ave S. Suite 480

Edina, MN 55435

(952) 922-9999

info@rejuvelaser.com

www.rejuvelaser.com

Frequently Asked Questions:

What are the differences between the lipoabdominoplasty with Saldanha's technique and traditional tummy tuck?

Saldanha's lipoabdominoplasty is the newest technique of Tummy Tuck originally developed by Dr.Saldanha. In the contrast to the traditional technique of tummy tuck, Saldanha's technique involves extensive liposuction and preserves the perforating vessels and Scarpa's fascia, therefore, Saldanha's lipoabdominoplasty has faster recovery time and better body contour and involves fewer complications compared to a traditional tummy tuck. It is even safer for smokers and post-bariatric patients.

Who is an ideal candidate for a tummy tuck?

The tummy tuck procedure is ideal for patients who experience a bulging abdomen, excess fat, or sagging skin in the abdominal region. It can also be used to correct muscle weakness.

Does a tummy tuck require a general anaesthetic or hospitalisation?

No. A Tummy Tuck can be performed under the tumescent (local) anesthesia and IV sedation in the ambulatory setting.

What are the risks and complications for a tummy tuck?

Risks and complications of this procedure may include swelling, bruising, bleeding, infection, scarring, numbness, and change in feeling.

What is the recovery time for a tummy tuck?

Recovery typically takes two weeks. Patients are able to return to normal activities within two weeks of the surgery.